



FOUNDATION COURSE FOR 2021-2022 Batch MBBS STUDENTS, YENEOYA MEDICAL COLLEGE, MANGALORE

DATE	DAY	8 am to 9 am	9 am to 10 am	10 am to 11 am	11 to 11.15 am	11.15 am to 12.15 pm	12.15 pm to 1 pm	1 pm to 2 pm	2 pm to 3 pm	3 pm to 4 pm	
01.02.2022	Tuesday	Address by Dean : Orientation to medical profession	Address by Associate Deans: Orientation to CBME	Address by Associate Deans: Orientation to University regulations	Break	Overview of MBBS Course	Introduction to Library	Break	CT for learning - 1	ICT for learning - 1	
02.02.2022	Wednesday	Overview of Foundation Course & Reflection writing		Rules and Regulation		Ragging and How to deal with it	Home Away from Home - Hostel life@Yen		CT for learning - 2	ICT for learning - 2	
03.02.2022	Thursday	Introduction to AETCOM	Rules and Regulation	Mentorship Programme		Prevention of Drug Addiction and Suicide Helpline	Yenepoya Family - Alumni Association		History of Medicine and Medical Inventions	Quiz, History of medicine and medical inventions	
04.02.2022	Friday	Languages in Mangalore - Overview of Rich Linguistic Pot Pourie at Mangalore		An Orientation to basics of Yoga		Basics of Communication Skill	Lunch Break		Standard Precautions and Vaccination Status	Personal Protection, Hand Washing Techniques	
05.02.2022	Saturday	Orientation to quality assurance in medical education: NASC	Orientation to sports and extracurricular facilities at Yenepoya (deemed to be University)	Know you University		Team Dynamics & Ice Breaking			open house		
07.02.2022	Monday	ICT skills	Introduction to Phase - 1 Departments by HODs			Humanities			White coat ceremony		
08.02.2022	Tuesday	ICT for learning at Yenepoya									
09.02.2022	Wednesday	Overview of CBME Curriculum Role		bumpy road - A book on students motivation							
10.02.2022	Thursday	Online resources for SDL - Swayam courses		Developing the Skill of Giving and Receiving Feedback							
11.02.2022	Friday	Extracurricular Activities at Yenepoya Deemed to be University		Yenepoya Students Initiative for the Society - Kara Seva & Samraksha							
12.02.2022	Saturday	Patient Rights and Duties		Skill lab at Yenepoya deemed to be University							
19.02.2022	Saturday	The Doctor-Patient Relationship- Role play and Video Demonstration				Skill & competency Development at Yenepoya University skill documentation in log book Foundation course log book		Pandemic Module			

20.02.2022	Sunday		ICT skills		Break	First Aid		Environmental initiatives at Yenepo		
24.02.2022	Thursday		Multiple Roles of a Doctor/what does it mean to be a Patient			Introduction to Principles of Bioethics				
27.02.2022	Sunday	Group activity on Skilful Communication	Mental health programme			Constitution of India	Medical Negligence			
06.03.2022	Sunday		ICT skills	documentation of progression of competencies- Portfolio & Networking		Work Life Balance - Panel Discussion				
13.03.2022	Sunday		Language	ICT skills	Learning in Inter Professional Health Care Team					
19.03.2022	Saturday	ICT skills	Non Verbal Communication & body language	ICT for learning at Yenepo (E-learning)	Break	Making an effective Power point presentation		Learning Style and VARK Questionnaire		
24.03.2022	Thursday		Working effectively in a team	Doctor as a Lifelong Learner		Cadaver as first teacher - Cadaveric Oath				
16.04.2022	Saturday	Field visit	of music therapy in med	Narratives in Medicine		Pandemic ModuleHistory of Outbreaks, Epidemics & Pandemics		Movies on Doctor patient Rel		
28.04.2022	Thursday		CPR Skills			Community Engagement Skills				
26.05.2022	Thursday		Book review	Doctor as a Researcher		Field visit				
18.06.2022	Saturday	Language	Field visit /Visit to PHC	Orientation to ICT at Yenepo		Dignity of Life	Altruism		Procrastination	all sweet pill Homeopa
23.06.2022	Thursday		Role of doctors in India	Spirituality in healing		Field visit				
16.07.2022	Saturday	Dealing with Disability in patients	Field visit /Visit to PHC			Acclimatization - Know the Coastal city of Mangalore	Self less service - NSS		ICT at Yenepo	Study skills
28.07.2022	Thursday		Ayurveda -The Indian Health System	Financial Planning - Get an Early Start		Stress management	How to Improve your Memory and Concentration			
20.08.2022	Saturday	Sports	Gender Sensitization	Introduction to humanities		Break	Inter Personal Communication & listening skills	ritten Communication ski		working effectively in a team - group

Components of foundation course	Hours
Orientation	30
Skills program	35
Field visits	8
AETCOM Professional Development, Ethics, including Humanities	40
Sports & Extracurricular	22
Lang & Comp Enhance	40
Pandemic Module	2
Total	177

4 pm to 5 pm			
ICT for learning - 1			
ICT for learning - 2			
Language			
The Doctor-Patient Relationship- Role play and Video Demonstration			
Skill of making scientific Poster			
Language			
ICT			
SPORTS			
Language			
pathy - Movie & Rev			
Language			

Yenepoya University	
SPORTS	
Relationship	
ICT for learning at Yenepoya	
Language	
Lifestyle Modification for a Healthy Life	

9