

Department of Physiology, Yenepoya Medical College, A Constituent  
Unit of Yenepoya (Deemed to be University), Mangalore

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**Awards and recognitions:**

Department of Physiology has well trained and able medical educationists and research guides who are in the forefront of curricular delivery and medical research. They have been recognized and awarded in various platforms of repute. (Annexure 3)

Annexure 3

Sl. No	Particulars	Number
1	Best Teacher Award	03
2	Best paper award in conferences	02
3	Invited guest speaker	32
4	Editorial board member	03
5	Reviewer of the journal	04
6	External curriculum committee member	02
7	DNB Gold medal	01
8	Chief guest for various competitions and programs	11
9	Moderated sessions in FDP	03
10	FAIMER (Foundation for Advancement of International Medical Education and Research) Fellowship	02
11	ACME (Advanced Course in Medical Education)	01

Annexure 3

Sl.No.	Year	Name of the teacher who received the awards/Recognition	Title of the Award(s)/Recognitions	State level Awards/Recognitions	National Level Awards/Recognitions	International Level Awards/Recognitions	Name of the Agency / Agencies that awarded /Recognitions
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<b>2015-16</b>							
1	2015	Dr. Padmini T	ICMR-STS Recognition for Student Mentoring Ms. Eglia K I, Student of I MBBS of YMC has been awarded the STS for a period of 2 years under the guidance of Dr. Padmini T		National		ICMR-STS
<b>2016-17</b>							
1	2016	Dr. Grrishma B	Certificate of Excellence In reviewing awarded by Indian journal of clinical anatomy and physiology for the year 2017		National		Indian journal of clinical anatomy and physiology
2	2016	Dr. Aswini Dutt	Best Paper Award “Simulators to Stimulate undergraduate students to the clinical relevance of Cardiovascular physiology concepts” Oral presentation in HPSN India 2016. First International Healthcare Simulation Conference in India by CAE Health Care in Association with Macula Healthcare. Organized by Yenepoya University & Father Muller Charitable Institutions, Mangalore on 3 <sup>rd</sup> and 4 <sup>th</sup> December 2016			Internati onal	Father Muller Charitable Institutions and at Yenepoya University

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3	2016	Dr. Padmini T	ICMR - STS Recognition for Student Mentoring Ms. Afshaan Fathima K, student of II MBBS, YMC has been awarded the Short term studentship (STS) for a period of two month during 2016 under the guidance of Dr. Padmini T		National		ICMR-STS
4	2017	Dr. Padmini T	Certificate of Excellence In reviewing awarded by Indian journal of clinical anatomy and physiology for the year 2017		National		Indian journal of clinical anatomy and physiology
<b>2017-18</b>							
1	2017	Dr. Grrishma B	ICMR-STS-2017 Recognition for Student Mentoring Ms. Tubah Iqbal student of II MBBS, YMC has been awarded the Short term studentship (STS) for a period of two month during 2017 under the guidance of Dr. Grrishma B		National		ICMR - STS
2	2018	Dr. Aswini Dutt R	Completed Fellowship International Medical Education Leadership Fellowship Programme of the Foundation for Advancement of International Medical Education and Research			International	FAIMER Regional Institute, Coimbatore, Tamilnadu

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			FAIMER, from PSG FAIMER Regional Institute, Coimbatore, Tamilnadu in 2016 and completed his fellowship in June 2018.				
3	2018	Dr. Aswini Dutt R	In reviewing awarded by Indian journal of clinical Anatomy & Physiology for the year 2018		National		Indian journal of clinical anatomy and physiology
4	2018	Dr. Grrishma B	ICMR-STs-2018 Reconginiton for Student Mentoring Ms. Manasvi Tyagi student of II MBBS, YMC has been awarded the Short term studentship (STs) for a period of two month during 2018 under the guidance of Dr. Grrishma B		National		ICMR - STs
<b>2018-19</b>							
1	2018	Dr. Grrishma B	Received PRESIDENT, NBE GOLD MEDAL in the specialty of PHYSIOLOGY for DNB Final Examination (DECEMBER 2014 Session) on 21st September 2018 in Vigyan Bhawan where the Chief Guest was Shri Venkaiah Naidu (Hon'ble Vice President of India) and from Shri Ashwini Kumar Choubey (Hon'ble		National		National Board of Examination

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			Union Minister of State for Health and Family Welfare) and Smt. Anupriya Patel (Hon'ble Union Minister of State for Health and Family Welfare).				
2	2018	Dr. Padmini T	Guest lecture talk on "The Physiological effects of Yoga in Health and Disease" on 13th December 2018 at A.J. Institute of Medical Sciences and Research Centre (AJIMS&RC),Mangalore	State			A.J. Institute of Medical Sciences and Research Centre (AJIMS&RC),Mangalore
3	2018	Dr. Aswini Dutt	Invited as a Resource person for state level C.M.E on "Myths and Facts of Aging" held on December 27th 2018, at Adichunchanagiri Institute of medical sciences, Adichunchanagiri University, Mandya. Organised by department of Physiology in association with APPI- Bengaluru chapter.	State			Adichunchanagiri Institute of medical sciences, Adichunchanagiri University, Mandya

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4	2018	Dr. Kalpana B	ICMR-STs-2018 Recongnition for Student Mentoring Varsha Rao Student of MBBS-II of YMC awarded the Short Term Studentship (STs) for a period of two months during 2018 under the guidance of of Dr. Kalpana B		National		ICMR - STs
5	2019	Dr. Aswini Dutt	Dr. Aswini Dutt R, Professor and Head was a Resource person for the seminar on "Continuous Quality Improvement of the Institution" held on 24th April 2019 at Father Muller Medical College, Kankanady, Mangalore.	State			Father Muller Medical College, Kankanady, Mangalore.
6	2019	Dr. Grrishma B	Dr. Grrishma B, Assistant Professor, was the Chief guest and gave a talk on the topic of "Importance of Yoga" to the students on the occasion of the International Yoga Day celebration on 21st June 2019 in Sharada Vidyalaya, S.K.D.B. Campus, Kodialbail Mangalore as an Outreach program.	State			S.K.D.B. Campus, Kodialbail Mangalore
<b>2019-20</b>							

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1	2019	Mr. Anwar A S	Outstanding achievement Award	State			Parents teachers Association, Thumbay Pre-university college, Thumbay in 2019
2	2020	Dr. Grrishma B	Dr. Grrishma B, Assistant Professor was the Resource person for the CNE conducted by the Department of Community Health Nursing on the theme "Technology in Teaching and Learning" on 25 <sup>th</sup> January 2020 at LMET Auditorium organized by Laxmi Memorial College of Nursing, Mangaluru.	State			Laxmi Memorial College of Nursing, Mangaluru.
3	2020	Dr. Ahrsia V F	Dr. Ahrsia V F, Tutor, Department of Physiology, was the Resource person for outreach program for students of Grade 7 -9 on 10th February 2020 in Barakah International School, Adyar, Mangalore. The title of the presentation was "Menarche to Menopause & Stages of Puberty".	State			Barakah International School, Adyar, Mangalore.
4	2020	Dr. Aswini Dutt R	Dr. Aswini Dutt was Keynote Speaker in the			Internati onal	Association of Physiologists

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			Medical education webinar series conducted by the Department of Health Professions Education of BP Koirala Institute of Health Sciences Nepal on the topic "Engaging students in online teaching" on 14th June 2020 between 6.15 to 7.45 pm via Zoom portal.				and Pharmacologists of India
<b>2020-21</b>							
1	2021	Dr. Padmini T	Dr. Padmini T completed Fellowship offered by MAHE-FAIMER International Institute for Leadership in Interprofessional Education in collaboration with Foundation for Advancement of International Medical Education and Research (FAIMER), Philadelphia, USA in September 2021.			International	MAHE-FAIMER International Institute for Leadership in Interprofessional Education in collaboration with Foundation for Advancement of International Medical Education and Research (FAIMER), Philadelphia, USA
2	2021	Mr. Kevin Joakim Pinto	Mr. Kevin Joakim Pinto was awarded the First Prize in oral presentation during the 7 <sup>th</sup> Annual National Conference of Association of Physiologists of India,		National		National Conference of Association of Physiologists of India, ASSOPICON 2021



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			ASSOPICON 2021 held from 7 <sup>th</sup> to 9 <sup>th</sup> September 2021.				
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### 1. Conferences/workshops/short courses organized:

Department of Physiology has organized an international e conference on recent advances in medical sciences (RAMSIECON-2021) in July 2021. We are actively involved in organizing various faculty development workshops related to research and medical education.

### 2. Value added course

Department of Physiology offers a value added course “Yoga for beginners”. This course is to train the candidate in a holistic manner developing the skills and abilities to practice yoga. Yogic practices like breathing techniques, Asanas, Pranayama, Meditation techniques which enhances one’s Energy, Concentration, Memory and Ingenuity, and makes one to be in tune with individual consciousness and Universal consciousness.

### About the discipline:

Human Physiology deals with the study of normal function of human body. It is the science of life. It enables to create a strong framework for the understanding of basic body functioning. This subject will help to shape the understanding of the components of human body, how they communicate, and how they combine their efforts to make conditions favourable for survival. The main purpose of Physiology teaching is to create a cadre of professionals who are competent to meaningfully comprehend common clinical conditions of deranged normal physiology in body and to contribute enhanced understandings of physiological knowledge in medical research and patient care.