

DATE	DAY	8 am to 9 am	9 am to 10 am	10 am to 11 am	11 to 11.15 am	11.15 am to 12.15 pm	12.15 pm to 1 pm	1 pm to 2 pm	2 pm to 3 pm	3 pm to 4 pm	4 pm to 5 pm	
<b>FOUNDATION COURSE FOR 2020-2021 Batch MBBS STUDENTS, YENEPLOYA MEDICAL COLLEGE, MANGALORE</b>												
25.01.2021	Thursday	Address by Dean : Orientation to medical profession	Address by Associate Deans: Orientation to CBME	Address by Associate Deans: Orientation to University regulations	Break	Overview of MBBS Course	Introduction to Library	Break	ICT for learning – 1	ICT for learning – 1	ICT for learning – 1	
27.01.2021	Wednesday	Overview of Foundation Course & Reflection writing		Rules and Regulation		Ragging and How to deal with it	Home Away from Home - Hostel life@Yen		ICT for learning – 2	ICT for learning – 2	ICT for learning – 2	
28.01.2021	Thursday	Introduction to AETCOM	Rules and Regulation	Mentorship Programme		Prevention of Drug Addiction and Suicide	Yeneploya Family - Alumni Association		History of Medicine and Medical inventions	Quiz, History of medicine and medical inventions	Language	
29.01.2021	Friday	Languages in Mangalore - Overview of Rich Linguistic Pot Pourrie at Mangalore		An Orientation to basics of Yoga		Basics of Communication Skills	Lunch Break		Standard Precautions and Vaccination Status	Personal Protection, Hand Washing Techniques	Language	
30.01.2021	Saturday	Orientation to quality assurance in medical	Orientation to sports and extracurricular facilities at	Know you University		Team Dynamics & Ice Breaking			open house		Language	
31.1.2021	Sunday			ICT skills		ICT skills			ICT skills	ICT skills		
01.02.2021	Monday		Introduction to Phase – 1 Departments by HODs			Overview of CBME Curriculum Role of Indian Medical graduate	Bumpy Road -A book on students motivation		White coat ceremony		Language	
02.02.2021	Tuesday					Online resources for SDL - Swayam courses	Developing the Skill of Giving and Receiving Feedback				SPORTS	
03.02.2021	Wednesday					Scope for Extracurricular Activities at Yeneploya Deemed to be University	Yeneploya Students Initiative for the Society – Kara Seva & Samraksha				Language	
04.02.2021	Thursday					Patient Rights and Duties	Skill lab at Yeneploya deemed to be University				SPORTS	
7.2.2021	Sunday			ICT skills		ICT skills	ICT skills		ICT skills	ICT skills		
08.02.2021	Monday					Skill & Competency Development at Yeneploya University skill documentation in log book Foundation course log book					Language	
09.02.2021	Tuesday	Group activity on Skillful Communication	Multiple Roles of a Doctor	What does it mean to be a Patient		Mental health programme			Environmental initiatives at Yeneploya University			
10.02.2021	Wednesday					Introduction to Principles of Bioethics					SPORTS	
11.02.2021	Thursday					Constitution of India	Medical Negligence				Language	
14.02.2021	Sunday			ICT skills		ICT skills	ICT skills		ICT skills	ICT skills		
15.02.2021	Monday					Learning in Inter Professional Health Care Team					Language	
16.02.2021	Tuesday					Work Life Balance - Panel Discussion					SPORTS	
17.02.2021	Wednesday					Making an effective Power point presentation					SPORTS	
18.02.2021	Thursday				Learning Style and VARK Questionnaire				SPORTS			
20.02.2021	Saturday	Working effectively in a team	Doctor as a Lifelong Learner	Narratives in Medicine	Cadaver as first teacher - Cadaveric Oath		Movies on Doctor patient Relationship					
22.02.2021	Monday				Community Engagement Skills				Language			
23.02.2021	Tuesday				CPR Skills				Orientation to ICT at Yeneploya			
24.02.2021	Wednesday				Field visit				Language			
25.02.2021	Thursday				Field visit				Language			
27.02.2021	Saturday	Sports							ICT at Yeneploya			
28.02.2021	Sunday		Field visit /Visit to PHC		Field visit /Visit to PHC				Language			
03.03.2021	Wednesday		Role of doctors in India	Spirituality in healing	Dignity of Life	Altruism	Procrastination	Small sweet pill Homeopathy	ICT for learning at Yeneploya			

6.03.2021	Saturday	Sports			Break					Study skills	
09.03.2021	Tuesday		Gender Sensitization	Introduction to humanities		Acclimatization - Know the Coastal city of Mangalore	Self less service - NSS	Ayurveda -The Indian Health System	Written Communication skills	ICT for learning at Yenepoya (E learning)	
20.03.2021	Saturday	Working effectively in a team - group activity on team	Doctor as a Leader	Lifestyle Modification for a Healthy Life		Stress management	How to Improve your Memory and Concentration	First Aid		ICT for learning at Yenepoya	
27.03.2021	Saturday	Sports								SPORTS	
30.03.2021	Tuesday		Financial Planning - Get an Early Start	Inter Personal Communication & listening skills		Dealing with Disability in patients		documentation of progression of competencies- Portfolio & Networking	Non Verbal Communication & body language	ICT for learning at Yenepoya	
03.04.2021	Saturday	Sports								SPORTS	
04.04.2021	Sunday	The Doctor-Patient Relationship- Role play and Video Demonstration				Role play and Video Demonstration				Language	
17.04.2021	Saturday	Book review	Doctor as a Researcher	Empathy - Movie & Review			Role of music therapy in medicine	Humanities		Skill of making scientific Poster	

<b>Components of foundation course</b>	<b>Hours</b>	<b>Colour</b>	
Orientation	30		
Skills program	35		
Field visits	8		
AETCOM Professional Development, Ethics,	40		
Sports & Extracurricular	22		
Lang & Comp Enhance	40		
<b>Total</b>	<b>175</b>		