

Located at Deralakatte, just 12 kms from Mangaluru City, with ease of access to people from all walks of life, the health check up centre, of the vast hospital premises is well equipped to cater to all the latest test procedures to provide you a comprehensive health update, and enable our physicians to pick up valuable indications of possible health risks for you.

The Yenepoya (Deemed to be University) & Medical College Hospital-Health Check-up Centre is equipped with a state-of-the-art equipment to assist in the overall health check-up process, making it convenient for you to undergo a comprehensive check-up.



Yenepoya (Deemed to be University) & Medical College Hospital

Deralakatte

Health Check-up Centre

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**YENEPOYA
(DEEMED TO BE UNIVERSITY)**

Recognised under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A' Grade

Yenepoya Medical College Hospital Health Check-up Centre

You don't
have to be
a doctor ...
to listen to
your heart !

Providing you with information to manage your health better

BASIC HEALTH CHECK-UP**Rs. 900/-**

This is a general health check-up plan for all age groups. This plan is designed as follow-up after undergoing the Comprehensive Health Check - Up Plan. The standard Package under this Plan includes:

- Complete Blood Count (CBC)
- Blood Group and RH Typing
- Kidney Function Test (Urea, RBS, Creatinine)
- ECG
- Complete physical examination and Specialist Consultation
- Cholesterol
- Urine Analysis
- FBS
- PPBS
- ESR

COMPLETE HEALTH CHECK-UP**Rs. 1500/-**

- Complete Blood Count (CBC)
- Blood Group and RH Typing
- Lipid Profile
- Routine Urine Examination
- Kidney Function Test (Urea, RBS, Creatinine)
- Complete physical examination and Specialist Consultation
- Liver Function Tests
- Blood Sugar (FBS, PPBS)
- Ultra sound Scan Abdomen/Pelvis
- Chest X-Ray
- ECG
- ESR

EXECUTIVE HEALTH CHECK-UP**Rs. 2500/-**

Work related stress affects most of the executives, which in turn relates to contribution to the job. This check up is focused to propagate the concept of preventive well being among executives and corporates. Take a little time off your busy schedule for a healthy and happy tomorrow. This is recommended for people who have been detected to have early Diabetes, Blood Pressure, Obesity or any other illness.

- Complete Blood Count (CBC)
- Blood Group and Typing
- Liver Function Tests
- Lipid Profile
- Routine Urine Examination
- Kidney Function Test (Urea, RBS, Creatinine)
- S. Uric Acid
- Ophthalmology consultation
- Complete physical examination and Specialist Consultation
- TFT
- Blood Sugar (FBS, PPBS)
- Chest X-Ray
- Ultra sound Scan Abdomen/Pelvis
- ECG
- Echo
- ESR

DIABETIC HEALTH CHECK-UP**Rs. 1200/-**

This plan addresses the healthcare concerns of men and women diabetics of all ages. The standard package under this plan includes :

- Complete Blood Count (CBC)
- Glycosylated Hb
- Urine Analysis
- Kidney Function Test
- Ophthalmology consultation
- Complete physical examination and Specialist Consultation
- FBS & PPBS
- Microalbuminuria
- Lipid Profile
- TSH
- Diet Counseling
- ESR

WOMEN HEALTH CHECK-UP**Rs. 1000/-**

The woman is the backbone of every family. It is important that she stays happy and healthy. Women Health Check-Up offers this care, which particularly tackles concerns over factors that affect women.

- Complete Blood Count (CBC)
- Kidney Function Test
- Lipid Profile
- Pap smear
- Consultation by Gynaecologist
- Complete physical examination and Specialist Consultation
- Blood Group with RH
- Urine Analysis
- SGPT
- ECG
- Ultra sound Scan Abdomen/Pelvis
- Mamogram
- ESR

CHILD HEALTH CHECK-UP**Rs. 600/-**

Every child is a precious gem. A happy and healthy child will build a stronger tomorrow. Is your child strong enough to face the challenges ahead. This plan addresses the healthcare issues of children below 14 years. The problems which we term as common, might have some serious repercussions on your child's growth and performance.

- Consultation with Pediatrician (Growth monitoring)
- Consultation with Psychologist (Learning difficulties, assessment of IQ conduct disorders)
- Complete Blood Count
- Blood Group and Rh Typing
- Urine Analysis
- Stool Analysis
- Kidney Function Test
- ECG
- ESR

Preparation for the check-up and other relevant information :

- Kindly take prior appointment
- Avoid smoking & consuming alcohol for a minimum of 12 hours before checkup.

SENIOR CITIZEN HEALTH CHECK-UP**Rs. 1500/-**

This package is particularly for the ages that are above 60 years. It is particularly designed to meet the rising health issues associated with age. More than the cost of having check-up, it's the sheer joy of living a happy life.

- Complete Blood Count (CBC)
- FBS & PPBS
- LFT
- USG Abdomen/Pelvis
- Kidney Function Test
- Sonography : Men Prostrate, Women Pelvis
- For Women: Gynecologist Consultation & Brest Examination, PAP Smear
- Ophthalmology Consultation
- Complete physical examination and Specialist Consultation
- Urine Analysis
- Lipid Profile
- Chest X-Ray
- ECG
- ESR

COMPLETE CARDIAC HEALTH CHECK-UP**Rs. 2000/-**

Heart disease and cardiac complaints are a major health issue especially affecting the urban masses. Hence this packages is specifically meant to address this concern for prevention/early detection. The standard package under this plan includes:

- Complete Blood Count (CBC)
- FBS & PPBS
- Kidney Function Test
- Consultation by Cardiologist
- ESR
- Urine Analysis
- Lipid Profile
- Chest X-Ray
- Echo
- ECG
- TMT

PULMONARY (RESPIRATORY) CHECK-UP**Rs. 1200/-**

This plan targets people who have Pulmonary/Allergy diseases or symptoms like Cough/Sputum/Asthma/Allergic etc., who have a high risk or family history such as smokers, family history of allergy/Asthma etc.,

- Complete Blood Count (CBC)
- Allergy Test
- Consultation with a Pulmonologist
- ESR
- Kidney Function Test
- Blood Sugar (FBS, PPBS)
- Spirometry
- Chest X-Ray
- ECG

- Report on an empty stomach

- If any test not listed under package is done, will be charged extra.

NOTE : Those who have Yen-Arogya Card will provide 10% discount on all Health Checkup Packages