

REPORT

The YEN FIGHTS DIABETES-2019, Diabetes Awareness & Free Detection Camp was organised by the Department of General Medicine & Diabetic Clinic, Yenepoya Medical College Hospital, Derelakatte, Mangaluru 575018 on 23th September 2019.

This occasion was graced by Dr. S. Padmanabha, Medical Superintendent, Yenepoya Medical College Hospital, Yenepoya (Deemed to be University), Dr. M.S. Moosabba, Principal & Professor, Department of Surgery, Yenepoya Medical College Hospital, Yenepoya (Deemed to be University), Dr. Sydney C D'Souza, Professor & HOD, Chairman Elect (KRSSDI), Department of General Medicine, Yenepoya Medical College Hospital, Yenepoya (Deemed to be University), Dr. Adhikari Prabha M.R., Professor & HOD Geriatric Medicine, Yenepoya Medical College Hospital, Yenepoya (Deemed to be University), Dr. Shaheen B. Shaikh, Associate Professor & Diabetologist, Yenepoya Diabetic Clinic Incharge, Yenepoya Medical College Hospital, Yenepoya (Deemed to be University), Mrs. Bhanumathi, Nursing Superintendent, Yenepoya Medical College Hospital and they spoke on the importance of early screening for diabetes, the symptoms of diabetes that should be noted carefully, to carefully monitor the type of diet maintained, to perform exercise regularly, other do and don't for preventing and controlling diabetes mellitus and clarified the doubts of the participants.

After providing the awareness about the diabetes mellitus to the mass of more than 100, the screening for hypertension, fall risk, diabetic neuropathy and weight monitoring was conducted in the camp. In the camp, the Diabetes consultation was provided by Dr. Shaheen B. Shaikh, the Physiotherapy consultation was provided by Nenmanikkara Geoviya George and the Nutrition consultation was provided by Anitha Laxmi P.